



# SWALLOWFIELD DUATHLON

## MUSTER 10:15

### RACES START FROM 10:30

## SUNDAY 15<sup>TH</sup> SEPTEMBER 2019

This is a sensational Duathlon through rural Berkshire countryside consisting of a 6.7K run followed by an 18.5K cycle and a final 3.7K running leg.

|   |  |  |                 |          |  |
|---|--|--|-----------------|----------|--|
| First Name  |  | Surname  |                 | Age      |  |
| Date of Birth   |  | British Triathlon Membership no. and Club (if appropriate) |                 | Gender   |  |
| Address   |  |  |                 | Postcode |  |
| Tel No. Home  |  |  | Tel No. Daytime |          |  |
| Email   |  |  |                 |          |  |
| If you'd like to enter as a team where one entrant cycles and the other takes on the running legs, then please enclose entry forms for each member of the team and indicate the team member for correspondence: |  |  |                 |          |  |
| Team entry Y/N  |  |  |                 |          |  |
| Team Name:  |  |  |                 |          |  |
| Team Leader:  |  |  |                 |          |  |
| Please tick as appropriate: British Triathlon Affiliated: £32 <input type="checkbox"/> Unaffiliated: £35 <input type="checkbox"/>   |  |  |                 |          |  |

|   |  |
|---|--|
| <b>Post entries to:</b><br>Race Entry<br>Swallowfield Duathlon<br>Swallowfield Parish Hall<br>Swallowfield<br>Reading<br>RG7 1QX<br><br>Please make cheques Payable to:<br><b>1<sup>st</sup> Swallowfield Scout Group</b> | <b>Online entry at:</b><br><br><a href="https://www.britishtriathlon.org/events/swallowfield-duathlon_10971">https://www.britishtriathlon.org/events/swallowfield-duathlon_10971</a><br><br>(Booking fees apply) |
|---|--|

**Book Early** Entry Limit 120. **No entries on the day.**

Postal closing date: 9<sup>th</sup> September 2019. Minimum age: 15 yrs

Please enter me into the 'Swallowfield Duathlon'. I declare that I will abide by the British Triathlon rules, and that I am medically fit to participate and understand that I enter at my own risk and that the organiser shall not be held responsible for any injury, loss or damage as a consequence of my participation in this event. I agree to abide by the event terms and conditions published at

[www.swallowfield10plus3.com](http://www.swallowfield10plus3.com)

|                |              |
|----------------|--------------|
| <b>Signed:</b> | <b>Date:</b> |
|----------------|--------------|

**Organiser: 1<sup>st</sup> Swallowfield Scout Group under British Triathlon event permit.**