

## 2016 Swallowfield 10K Results

Race Posn	No.	Name	Club	Cat	Time	Cat Posn	Overall Men	Overall Women
1	356	ALEXANDER MILLER	BELGRAVE HARRIERS	15-39	0:33:40	1	1	
2	555	LANCE NORTCLIFF	READING ROADRUNNERS	40-49	0:34:14	1	2	
3	547	ANDREW STAY	ROYAL NAVY ATHLETICS	15-39	0:35:34	2	3	
4	489	PETER WATKEYS	Unatt. BASINGSTOKE	15-39	0:35:35	3	4	
5	536	MATT PEMBROKE	NEWBURY AC	15-39	0:35:44	4	5	
6	366	ALEX SCOTT	WARGRAVE RUNNERS	40-49	0:35:59	2	6	
7	432	ROB FOSTER	DATCHET DASHERS	40-49	0:36:12	3	7	
8	348	ROSS MCDONOUGH	FINCH COASTERS	15-39	0:36:28	5	8	
9	361	CHRIS HUNT	DATCHET DASHERS	15-39	0:36:42	6	9	
10	592	STEWART STANTON	SUTTON RUNNERS	15-39	0:37:02	7	10	
11	357	SAMANTHA AMEND	Unatt. MARLOW	15-39	0:37:22	1		1
12	524	STEVEN ILOTT	DATCHET DASHERS	15-39	0:37:44	8	11	
13	398	ANDY CITTERN-JONES	Unatt. WOKINGHAM	15-39	0:38:02	9	12	
14	331	PAUL WOOLLEY	DATCHET DASHERS	40-49	0:38:18	4	13	
15	556	DAVID JESSOPP	DATCHET DASHERS	40-49	0:39:01	5	14	
16	577	JUAN MARQUES	BASINGSTOKE & MID HA	40-49	0:39:04	6	15	
17	316	DAMIAN HOLMWOOD	Unatt. WOKINGHAM	15-39	0:39:07	10	16	
18	397	IAN ROGAN	SHERFIELD PARK RUNNER	40-49	0:39:08	7	17	
19	497	SIMON ROLFE	Unatt. WINDSOR	40-49	0:39:09	8	18	
20	539	RICHARD HALLAM-BA	READING ROADRUNNERS	40-49	0:39:22	9	19	
21	440	WILLIAM CASSON	DATCHET DASHERS	15-39	0:39:51	11	20	
22	308	DAVID WALKER	Unatt. SPENCERS WOOD	15-39	0:40:00	12	21	
23	507	IRWIN FAIRCLOUGH	NEWBURY AC	60+	0:40:04	1	22	
24	443	ROBERT KING	Unatt. ABINGDON	15-39	0:40:28	13	23	
25	602	STUART BRADBURN	Unatt. WOODLEY	40-49	0:40:32	10	24	
26	303	RICHARD MASON	FETCH EVERYONE	40-49	0:40:36	11	25	
27	415	CHRIS IRVIN	Unatt. CAMBERLEY	15-39	0:40:45	14	26	
28	433	ZENA PHILLIPS	DATCHET DASHERS	15-39	0:41:00	2		2
29	508	ROB SPARKES	Unatt. MAIDENHEAD	40-49	0:41:05	12	27	
30	526	MARTIN ILOTT	DATCHET DASHERS	50-59	0:41:17	1	28	
31	468	CHRIS LEAFE	Unatt. SWALLOWFIELD	50-59	0:42:23	2	29	
32	452	PHILLIP SAUNDERS	Unatt. EARLEY	50-59	0:42:25	3	30	
33	537	DAVID BAILEY	Unatt. RISELEY	40-49	0:42:39	13	31	
34	340	CLIVE ALLEN	DATCHET DASHERS	40-49	0:42:44	14	32	
35	463	VICKY RUSSELL	Unatt. SPENCERS WOOD	15-39	0:42:51	15	33	
36	311	PETER CODD	Unatt. HOOK	15-39	0:42:54	16	34	
37	487	CHLOE BLAIR	NEWBURY AC	15-39	0:42:56	3		3
38	382	CHRIS ACOCK	Unatt. YATELEY	40-49	0:43:14	15	35	
39	486	SIMON ROURKE	Unatt. RISELEY	40-49	0:43:21	16	36	
40	477	CHRIS RILEY	Unatt. SPENCERS WOOD	40-49	0:43:37	17	37	
41	418	ADY TUCKWELL	Unatt. HUNGERFORD	40-49	0:43:39	18	38	
42	410	MONTY PALFREY	Unatt. TADLEY	50-59	0:43:49	4	39	



90	564	TOM COOKE	Unatt. WOKINGHAM	15-39	0:49:22	28
91	461	PETER ROAN	Unatt. SWALLOWFIELD	50-59	0:49:28	14
92	625	GEOFFREY CUSHING	Unatt. RISELEY	60+	0:49:40	5
93	399	JASON SCOTT	Unatt. READING	40-49	0:49:40	30
94	554	CLAIRE SEYMOUR	READING ROADRUNNERS	40-49	0:49:44	7
95	341	JON REDMAN	DATCHET DASHERS	15-39	0:49:48	29
96	333	TIM STOKES	Unatt. LONDON	15-39	0:49:48	30
97	479	JOSEPH BRIDGEMAN	Unatt. CHERTSEY	15-39	0:50:00	31
98	513	JONATHAN PARR	Unatt. SPENCERS WOOD	50-59	0:50:03	15
99	619	MARK CATTON	Unatt. SWALLOWFIELD	40-49	0:50:07	31
100	480	ALAN DRAY	DATCHET DASHERS	50-59	0:50:12	16
101	424	GEMMA BECK	DATCHET DASHERS	15-39	0:50:19	9
102	447	CLAIRE BOYLES	DATCHET DASHERS	15-39	0:50:26	10
103	561	KEVIN SPENCE	Unatt. CROWTHORNE	15-39	0:50:32	32
104	557	CRAIG COLEY	Unatt. CORLEY	15-39	0:50:35	33
105	457	TOBY CATLIN	Unatt. BEENHAM	40-49	0:50:42	32
106	354	IAN NEWMAN	Unatt. THATCHAM	40-49	0:50:52	33
107	585	JULIE COXHEAD	NEWBURY AC	50-59	0:50:56	3
108	428	PAUL EMERY	Unatt. BINFIELD	50-59	0:51:16	17
109	595	TARA ANGLIM	HARDLEY RUNNERS	40-49	0:51:27	8
110	474	NIGEL HEINRICH	Unatt. BICESTER	15-39	0:51:29	34
111	552	MIKE JACKSON	Unatt. WARGRAVE	40-49	0:51:31	34
112	529	AUGUSTINAS GRIEZE	Unatt. CAVERSHAM	15-39	0:51:31	35
113	455	GREG POWERS	Unatt. READING	40-49	0:51:33	35
114	553	MONIKA MEDYNSKA	Unatt. HENLEY ON THAM	15-39	0:51:47	11
115	336	ANNABEL HOUGH	DATCHET DASHERS	15-39	0:51:47	12
116	413	PHIL COPSEY	Unatt. WALTON ON THAM	15-39	0:51:51	36
117	519	CHRIS ARMIN	Unatt. BARNESLEY	15-39	0:51:53	37
118	622	ALAN SEWELL	Unatt. OLD BASING	40-49	0:51:53	36
119	611	CLARE HAGEN	Unatt. MORTIMER WEST	15-39	0:52:00	13
120	376	SARAH MOSS	DATCHET DASHERS	15-39	0:52:15	14
121	600	JOE FROOME	Unatt. LOWER EARLY	15-39	0:52:29	38
122	596	JOANNA BISHOP	Unatt. YATELEY	50-59	0:52:40	4
123	377	VINOD CHANDERA	DATCHET DASHERS	15-39	0:52:43	39
124	472	KARL SHEPHERD	Unatt. ARBORFIELD CROSS	40-49	0:52:59	37
125	395	JOE AKEMCHE	Unatt. LOWER EARLEY	50-59	0:53:09	18
126	332	SAM STOKES	Unatt. YATELEY	15-39	0:53:18	40
127	589	CHARLIE MACKLIN	READING ROADRUNNERS	40-49	0:53:28	9
128	323	KERRY FLYNN	Unatt. WOODLEY	15-39	0:53:37	15
129	414	PAUL BROWN	Unatt. WOKINGHAM	40-49	0:53:39	38
130	388	DAVID FLEMING	FLEET & CROOKHAM AC	50-59	0:53:41	19
131	593	JONATHAN BARCLAY	Unatt. SPENCERSWOOD	15-39	0:53:43	41
132	597	MIKE MAY	DATCHET DASHERS	60+	0:54:10	6
133	312	THOMAS GELLATLY	Unatt. SPENCERS WOOD	15-39	0:54:22	42
134	580	PHILIP CARPENTER	Unatt. EMMER GREEN	50-59	0:54:26	20
135	620	SZABOLCS UJVARI	Unatt. READING	40-49	0:54:28	39
136	390	TOBY COTTRELL	Unatt. NEWBURY	15-39	0:54:31	43

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